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HEADING

# Where Do I Even Start? | The Biblical Road Map

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# ***By Monday to Sunday***

© Monday to SundayPodcast

# Chapter 1

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## **I**ntroduction: A Roadmap Journey

Welcome to this guided exploration of the Bible.

Whether you are opening these pages for the first time or returning to find fresh perspective, the sheer volume of Scripture can often feel overwhelming. This guide is designed to strip away the complexity and provide a **strategic roadmap** through the core narrative and practical wisdom of the faith.

Rather than reading from cover to cover, this selection focuses on the "pillars"—the essential books that define who Jesus is, how the story began, and how that ancient truth transforms our modern lives.

### How to Use This Guide

The content is organized into four distinct movements to help you build a cohesive understanding of the biblical landscape:

- **The Foundation:** We begin with the **Four Portraits** of Jesus. Before diving into laws or doctrines, you will meet the person at the very center of the story through the Gospels.
- **The Backstory:** To understand the New Testament, we must look at the **Original Covenant**. You will trace the themes of promise, rescue, and law that set the stage for everything that follows.
- **The Heart & Mind:** Faith is both emotional and practical. This section provides the **Pillars of**

**Wisdom**, offering a language for your prayers in the Psalms and a blueprint for your daily decisions in Proverbs.

- **The Application:** Finally, we look at **Living It Out**. Through the early church's letters, you will discover how theology turns into action, unity, and resilience in the face of life's challenges.

As you move through these sections, don't just look for information—look for **transformation**. This journey is about more than understanding an ancient text; it is about discovering a living relationship that continues to shape history today.

## Welcome to the Monday to Sunday Podcast: Navigating the Greatest Story

If you've ever picked up the Bible, looked at its thousand-plus pages, and thought, "*Where do I even start?*"—this podcast was created specifically for you. It's easy to get lost in the genealogies of the Old Testament or the complex prophecies of the New, but our goal is to clear the path.

We aren't just reading through a book; we are uncovering a **cohesive narrative**. In this series, we break down the "essential architecture" of Scripture to help you move from feeling overwhelmed to feeling equipped. We've organized our journey into four logical movements designed to help the Bible finally "click."

### Our Roadmap for the Season

To make the most of our episodes, we will be following this four-part framework:

- 1. The Foundation (Section 1):** We start exactly where the story finds its meaning—with the **Gospels**. By meeting Jesus first, you gain the lens through which the rest of the Bible should be viewed.
- 2. The Backstory (Section 2):** To understand the solution, you have to understand the setup. We dive into **Genesis and Exodus** to see how God formed a people and set a plan of redemption in motion.
- 3. The Heart & Wisdom (Section 3):** Faith isn't just history; it's daily life. We explore the **Psalms and Proverbs** to learn how to talk to God and how to walk wisely in a complicated world.
- 4. The Application (Section 4):** How does this change us? We wrap up by looking at the **Epistles**, where the early church provides the blueprint for doctrine, unity, and resilience.

## Why This Matters

The goal of this podcast isn't just to increase your head knowledge. It's to help you develop a **rhythm of reading** that stays with you long after the episode ends. Whether you are a skeptic, a seeker, or a long-time believer looking for a refresh, grab your Bible (or your app) and join us as we simplify the climb.

### Section 1: The Four complementary Portraits (Start Here)

- **Gospels (Matthew, Mark, Luke, John):** This is your foundation. Meet Jesus, his character, his compassion, and his teachings face-to-face.

### Section 2: The Original Covenant (The Old Testament Backstory)

- **Genesis (Origins and Promise):** Discover the origin story of humanity and the nation of Israel, laying out the

foundational covenant relationship between God and people.

- **Exodus (Formation and Law):** Follow Israel's escape from Egypt, their wilderness journey, and their receiving of the 10 Commandments at Mount Sinai.

### **Section 3: The Devotional & Practical Pillars (Heart and Wisdom)**

- **Psalms (For the Soul):** The Bible's 'songbook' covering the spectrum of human emotion, teaching you how to bring everything to God.
- **Proverbs (For Practical Wisdom):** packed with short, memorable sayings for living a righteous and fulfilling life in God's world.

### **Section 4: Living It Out (The New Testament Epistles/Letters)**

- **Romans (Doctrine):** The most complete systematic explanation of sin, salvation, grace, and faith.
- **Ephesians (Unity):** Emphasizes the church as one body, breaking down dividing walls.
- **James (Practice):** Often called the 'Proverbs of the New Testament.' stresses that real faith must show itself in actions.
- **First Peter (Resilience):** How to stand firm and witnessing effectively during times of real hardship.

# **About the Podcast**

Monday to Sunday was created in hopes of spreading positive thoughts and positive vibes into the world while also helping to spread the word. If this helped you in any way, please help us spread the Word.